

THE ADDICTIONS COMMITTEE
OF THE
THE NEW YORK CITY CHAPTER
NATIONAL ASSOCIATION OF SOCIAL WORKERS
Presents

THE 41st ANNUAL
ADDICTIONS INSTITUTE

The Ties That Bind:
Families, Communities, Social Work and Addictive Disorders

WEDNESDAY, MAY 27, 2009

8:30 a.m. – 4:30 p.m.

FORDHAM UNIVERSITY • LINCOLN CENTER CAMPUS

113 West 60th Street at Columbus Avenue • New York, NY 10023

Plenary Session 11:45 a.m. - 1:15 p.m.

Opening Remarks

Marc Raybin, LCSW, CASAC, Clinical Supervisor, Addiction Institute of New York; Chair, NASW-NYC Chapter Addictions Committee; Private Practice

Welcome

Peter B. Vaughan, Ph.D., Dean, Fordham University Graduate School of Social Service

Patrica Brownell, Ph.D., LMSW, President, National Association of Social Workers NYC Chapter

Introduction

John Crepsac, LCSW, CASAC, NCACI, Institute Co-Coordinator; Community Relations Representative, Sierra Tucson; Treating Clinician, NFL / NFLPA Program for Substances of Abuse; Adjunct Faculty, Silver School of Social Work, NYU; Director, JC Counseling and Consulting, PC

Daniel P. Pitzer, LCSW, ACSW, CASAC, Institute Co-Coordinator; Assistant Vice President / Senior Counselor, Employee Assistance Program, Merrill Lynch;

Treating Clinician, NFL / NFLPA Program for Substances of Abuse and NFL Players Assistance Program; Adjunct Faculty, Fordham University Graduate School of Social Service; Director, Breaking the Chain Counseling

Keynote Address

Timothy O'Farrell, Ph.D., Professor of Psychology, Harvard Medical School Department of Psychiatry, VA Boston Healthcare System

Keynote Address

Behavioral Couples Therapy for Alcoholism and Drug Abuse

Presenter:

Timothy J. O'Farrell, Ph.D., ABPP

Professor of Psychology, Harvard Medical School Department of Psychiatry, VA Boston Healthcare System; Director of the Families and Addiction Program and the Counseling for Alcoholics' Marriages (CALM) Project



Timothy J. O'Farrell is Professor of Psychology in the Harvard Medical School Department of Psychiatry at the VA Boston Healthcare System where he directs the Families and Addiction Program and the Counseling for Alcoholics' Marriages (CALM) Project. His work of the past 30 years has examined behavioral couples therapy (BCT), which treats the substance abuse patient together with their spouse or domestic partner to support the patient's abstinence and improve relationship functioning. Studies show that BCT produces greater abstinence, happier relationships, fewer separations, and greater reductions in social costs, domestic violence, and emotional problems of the couple's children than typical individual-based treatment. BCT also improves compliance with recovery-related medications, including disulfiram for alcoholism and naltrexone for alcoholism and for opioid addiction.

His latest book Behavioral Couples Therapy for Alcoholism and Drug Abuse is a clinician's guide to BCT. This keynote address will introduce BCT clinical tools including a recovery contract and daily trust discussion to support abstinence; and couples work to increase positive activities, improve communication, and reduce relapse risks.

Registration and General Information

Pre-Conference Events

(No registration required for these pre-conference events. They do not carry OASAS credit.)

OPEN 12-STEP MEETING 7:45 a.m. - 8:45 a.m. This meeting is for all those who wish to experience a meeting, as well as for members of all 12-step fellowships. A social worker that is in recovery will share experience, strength, and hope.

Workshops & Registration

Registration is available online at www.naswnyc.org

Registration for each workshop is limited by considerations of space. Please indicate your 2nd and 3rd choices for both morning and afternoon workshops, in case your first choice is oversubscribed. **Payment must accompany registration form.** Attendees will be registered and placed in workshops only after payment is received. Notification of workshop assignments will be given by email to all who register by May 22, 2009.

The final deadline for pre-registration is May 22, 2009.

Pre-registration online is strongly advised. **There will be an additional \$20 fee for on-site registration.** Registration packets including session assignments and room numbers will be available at the conference site from 8:00 a.m. - 8:45 a.m. If you need to cancel your pre-registration, refunds less a \$20 administrative fee will be available until Friday, May 22, 2009. **Absolutely no refunds will be made after May 22, 2009.**

For Agencies Registering Multiple Attendees:

Participants will not be registered until funds are received from the agency. Staff who arrive the day of the conference, before funds are mailed or received, must pay onsite, are subject to the \$20 onsite fee, and apply for reimbursement. Substitution of pre-registered staff is not allowed. Refund for the cancellation of a staff member is subject to the deadline of May 22, 2009 less a \$20 administrative fee.

Plenary (11:30 a.m. - 1:15 p.m.)

Limited to 400 attendees. Due to space limitations, we urge you to register early. Assignment to the plenary will be on a first come, first served basis. Those arriving late may be directed to a viewing room where the plenary will be carried live on closed circuit TV. If you want to attend the plenary, check the appropriate box on the registration form.

Continuing Education Credit

- Letters of attendance will be given at the end of each session. All workshops are pending approval for NYS CASAC credits under NYS OASAS Provider Number 0288.
- AM and PM workshops are 2 clock hours each, the Plenary session is 1.5 hours.
- Pre-conference events, and lunch and learn events do not carry credit.
- The total OASAS credit for the day is 5.5 clock hours. CEU's for other credentialing bodies would be based on 5.5 clock hours.

Exhibits and Raffle

Exhibits by providers of treatment-related goods and services will be open from the time of the pre-conference events to the beginning of the afternoon workshops at two locations: the Pope Auditorium and the Plaza. To enter exhibitor raffles, place your business card or equivalent in the baskets provided at participating exhibitor tables. Raffle winners will be announced at the end of the lunch break.

Refreshments

A continental breakfast is available and provided to all conference attendees in the Pope Auditorium exhibit area before the morning workshops. Lunch facilities are available on campus and in the neighborhood.

Wheelchair Access

The auditorium and the conference site in general are equipped to accommodate wheelchairs.

Parking

There is limited on-street parking subject to NYC parking regulations, and several private garages in the area. For information/direction call Fordham University at (212) 636-6000. Most of the private garages offer discounts when validated at Fordham. Check with the local garage you prefer for policies.

Queries

If you have questions about the conference, you may contact Dan Pitzer at dan@btccounseling.com or John Crepsac at johncrepsac@earthlink.net. For registration confirmation or workshop assignments send an e-mail to addictions@naswnyc.org.

Self-Help Information

In addition to the pre-conference Open 12-Step Meeting, contact information for the NASW-NYC Addictions Committee's Peer Consultation Committee and the self-help organization Social Workers Helping Social Workers will be available at the conference. Pre-registration is not required for the Open 12-Step Meeting. Participants will be admitted on a first come, first served basis as space permits.

Acknowledgements

We would like to express our thanks to the following individuals for their support of this year's Institute:

Patricia Brownell, Ph.D., LMSW

President, NASW New York City Chapter

Robert Schachter, DSW, ACSW

Executive Director, NASW New York City Chapter

Peter B. Vaughan, Ph.D.

Dean, Fordham University Graduate School of Social Service

Elaine Congress, DSW

Associate Dean, Fordham University Graduate School of Social Service

Karen M. Carpenter-Palumbo

Commissioner, New York State Office of Alcoholism and Substance Abuse Services

John Coppola, MSW

Executive Director, New York Association of Alcoholism and Substance Abuse Providers (ASAP)

Patricia L. Ryding, PSY.D.

Executive Director, Sierra Tucson

Alan M. Youngblood, M.Ed., LMHC

Director, National Employee Assistance Program, Merrill Lynch & Co.

41st Annual Addictions Institute

Planning Committee:

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Daniel P. Pitzer, LCSW, ACSW, CASAC, CEAP

Coordinators, 41st Annual Addictions Institute

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Chair, NASW-NYC Chapter Addictions Committee

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M. Delores Thrower, LCSW

William Tolan, LCSW, MBA

Connie Voldrich, LCSW

Special Thanks to NASW-NYC Chapter Staff:

Launa D. Kliever, MSW; Ammu Prashantini, MSW; Monika Dorsey,

Sharon Curtis, Jessica Adams

Brochure design & production: Jessica Adams

Editing & content: Deloria Berks

Morning Workshops 9:15 a.m. – 11:15 a.m.

1. INTENTIONAL DIALOGUE: THE TIE THAT BINDS.

Moderator/Speakers: Maria Cipriani, LCSW, MA, Founder and Faculty, Learning for Life Group; Private Practice. Joan Poelvoorde, LCSW, Founder and Faculty, Learning for Life Group; Private Practice. Rev. Warren Falcon, Founder and Faculty, Learning for Life Group; Private Practice.

This workshop will present the history and origins of the Intentional Dialogue™ and then give a demonstration. Participants will receive an outline of the form, which can be used with clients, and taught to clients and families to help them find a better way to communicate. Participants will be given an opportunity to practice the dialogue, and the workshop will end with a Q&A session to explicate the potential uses of this powerful tool.

2. TALK IS CHEAP! ACTING AND DANCE ACTIVITIES FOR FAMILY GROUPS.

Moderator/Speaker: Laura MacLeod, LMSW, School Social Worker, New Design High School; Consultant, Aspen Education, Alina Lodge.

Acting and dance activities are extraordinarily valuable in working with families. Creative resources are utilized and individuals are able to tap into deeper feelings. This is especially beneficial for family members who may be focused on the substance abuser, paying little attention to their own emotional life, or for families with difficulty expressing feelings when English is a second language. This workshop is designed for individuals to participate with little or no dance experience, and the activities are presented with implementation guidelines.

3. ADDICTION AND TRAUMA: IMPACT ON CLINICIANS

Moderator/Speaker: S. Lala Ashenberg Straussner, DSW, CAS, Professor and Chair, Social Work Practice Area; Director, Post-Master's Certificate Program in the Clinical Approaches to Addictions Treatment; Editor, Journal of Social Work Practice in the Addictions, NYU, Silver School of Social Work.

It is common for clinicians working with substance abusers to encounter clients with a history of trauma. Dealing with such clients can, however, have a severe and even traumatic impact on clinicians. This workshop will discuss the impact of clients' traumas on clinicians and explore such concepts as secondary or vicarious traumatization, burnout, compassion fatigue, retraumatization and shared trauma. It will also describe how best to address such reactions. Audience participation will be encouraged.

4. WHEN TIES ARE TROUBLED: CONTRIBUTIONS OF A MENTALIZATION-BASED FRAMEWORK.

Moderator/Speaker: Christine Fewell, Ph.D., LCSW, CASAC, Adjunct Associate Professor, NYU, Silver School of Social Work; Private Practice.

Mentalization is the ability to understand one's own and others' behaviors in terms of underlying mental states. This capacity is often lacking in substance abusers. This workshop will describe the developmental origins of mentalizing in the attachment relationship and give examples of ways in which this theoretical framework can inform the stages of change model. Case examples will be used to illustrate principles of Mentalization-Based Treatment, which has recently been developed for use with a variety of populations who have difficulty with affect regulation.

5. GRIEF AND ADDICTIONS: WHAT'S LOSS GOT TO DO WITH IT?

Moderator/Speaker: Kevin Lotz, LMSW, CASAC, Social Worker, SAMHSA Steps to Safety Project, Palladia, Inc.; Director, Trinity Place Shelter.

Grief impacts the lives of families, communities and culture in myriad ways and those with addictive disorders are profoundly more vulnerable. This workshop will provide an array of practical skills and strategies to treat grief issues tailored to those with addictive disorders building upon existing coping capacities. Participants will be provided with various experiential exercises and equipped to implement them into their own professional individual or group practice. Case examples from the audience will be welcomed.

6. AGING AND ADDICTION: THE FORGOTTEN POPULATION.

Moderator/Speaker: Joseph C. Roccosalvo, LCSW, CASAC, BCD, Private Practice, Addictions Specialist, Consultant.

The workshop will explore the psychodynamic developmental perspectives of aging based on the theories of Freud, object relations, Erikson, Maslow, Piaget and Ego Psychology. The focus will be on abuse/addictions of alcohol, illicit and prescription drugs, gambling and sexual issues. Epidemiology, psychosocial issues and physiological factors will be considered. Co-morbid psychiatric disorders including depression, anxiety, mood and cognitive disorders will be discussed. Intervention, assessment tools, in addition to treatment protocols for the geriatric population, will be reviewed.

7. REMAINING ABOVE THE FRAY: COUPLES THERAPY WITH THE RECOVERING AND NOT SO RECOVERING.

Moderator/Speaker: Deborah Feller, MFA, LCSW, NCAC II, Private Practice.

In a relationship where one person is involved with an addictive substance or behavior, and the other is not, it may appear that the focus of treatment belongs on the user. However, the partner who is not using is often addicted to the partner who is, which means that the partners are more alike than different. Participants in this workshop will learn how to identify this dynamic

more effectively. Interventions that enable couples to gain clarity with this pattern will be reviewed.

8. HEALING THROUGH COMMUNITY INTERACTION.

Moderator/Speakers: Susan Kaskowitz, CSW, CASAC, Lehman College/Continuing Education Instructor, CASAC Classes; Van OST Institute; Director of Special Populations, The Bridge, Inc. Patricia Burkett, LCSW, CASAC, Group Leader/Therapist/Case Manager, The Bridge, Inc.

This is an experiential workshop for beginning social workers that illustrates how the special characteristics of social work such as empathy, tuning in, and the application of Maslow's Hierarchy of Needs, creates a healing community for an out-patient setting. Other theories such as Winnicott's Holding Environment will also be introduced and applied.

9. A PUBLIC HEALTH AND SAFETY APPROACH TO DRUG POLICY.

Moderator/Speakers: Sandra Bernabei, LCSW, Founding Member AntiRacist Alliance; Private Practice. Gabriel Sayegh, BA, Drug Policy Alliance, Director of State Organizing and Policy Project.

In a curious contradiction, NY is home to both the failed Rockefeller Drug Laws and many fine drug treatment and health programs. The contradiction becomes problematic as many key stakeholders - health care providers and public safety officials alike - lack a shared understanding of substance misuse or dependence as a public health problem. This workshop outlines advocacy strategies to build mutual understanding among diverse stakeholders and advance a public health approach to drugs in New York.

10. ENHANCING MOTIVATIONAL INTERVIEWING WITH TOOLS FROM NEURO-LINGUISTIC PROGRAMMING (NLP).

Moderator/Speakers: Richard M. Gray, Ph.D., Adjunct Lecturer, Rutgers University School of Social Work. George V. Doerrbecker, MSW, CASAC, Deputy Chief Probation Officer, United States Probation, Brooklyn, NY (Ret.)

Motivational Interviewing is one of the most important techniques for fostering change in almost every field of human interaction. Recent research has documented its efficacy in addiction, medical follow up, criminal justice and other fields. Focusing on rapport, empathy and open communication, it presents itself as a natural venue for the application of NLP enhancements. This workshop will focus on the basics of Motivational Interviewing and how to enhance ITS USE with tools from NLP.

11. RESTORING THE CONNECTION IN THE RECOVERY PROCESS.

Moderator/Speakers: Roberto Ramos, LCSW, CSC, EAP Affiliate for Behavioral Health Companies; Private Practice. Carole Gladstone-Ramos, LCSW, CASAC, Private Practice.

Couples in recovery often have a history of pain, suffering and unresolved conflict, enduring great difficulty in ending the vicious cycle of their power struggles. This workshop is based on Imago Relationship Therapy, where you'll experience practical approaches that enable couples to build and maintain a deep connection. Also, learn how to teach couples to communicate their feelings, and restructure their frustrations, using the "Couples' Dialogue" in a safe and successful manner.

12. DE-CENTERING: AWAKENING TO AUTHENTICITY IN RECOVERY.

Moderator/Speakers: Cesar Bujosa, MS, LCSW, Therapist, Cognitive Therapy Center of New York. Karliese Greiner-Laurie, LCSW, CASAC, Private Practice.

Abstinence without actualizing personal authenticity is a precarious Recovery. Being impressive, compulsive lying, coveting honor plus being judgmental, controlling or entitled, are over-compensations that are driven by core fears and doubts. These non-adaptive styles of coping are characteristically egoistic and inevitably lead to the frustrations that fuel addiction. Correcting the attribution error of over-personalizing is an awakening that promotes psychological healing, curtails self blame and fosters radical humility. Join us for an awakening mindfulness-based strategy session.

13. ADDICTIONS AND THE FAMILY: A PSYCHODRAMA AND SYSTEMS PERSPECTIVE IN ACTION.

Moderator/Speaker: Jacob Gershoni, LCSW, CGP, TEP, Psychodrama Training Institute of New York; Private Practice.

This experiential and didactic workshop will examine roles that family members play in maintaining the addict's behavior and preventing recovery while outwardly intending to help the addict. Systems theorists have described addictions as an attempt to self-medicate or "solve" a problem, which then becomes bigger than the original issue. Utilizing psychodrama, we will look at factors underlying the addiction, its destructive impact on the family and roles of family members who perpetuate the addiction cycle.

14. END THE MISHIGAS: THE JEWISH FAMILY AND FOOD ADDICTIONS.

Moderator/Speaker: Joanne Gerr, LCSW, Private Practice.

This workshop will address particular issues that affect the Jewish Community and Jewish clients with eating disorders and body image problems.

In addition, we will address countertransference issues facing Jewish social workers. Clinicians will learn about distinct needs of the Jewish client with bulimia, anorexia and compulsive overeaters. Issues in working with Orthodox clients as well as secular Jews will be addressed. We will also discuss the prevention and treatment of eating and weight problems in Jewish children and adolescents.

15. WHATDAYA HEAR WHATDAYA SAY?!!

Moderator/Speakers: John Bliss, LCSW, CASAC, Executive Director, The Second Wind Inc. Mark Kimelman, LCSW, CASAC, Senior Therapist, The Second Wind Inc.; Private Practice.

Mark Kimelman will perform a mock interview with a substance abuser (utilizing a workshop participant.) A discussion will follow led by John Bliss. This workshop is designed to replicate situations we often find ourselves in when we meet someone for the first time and have little information about them. Sessions often do not go as planned and we have to be spontaneous in our responses. However, it important to understand that our expanded knowledge often comes after change is promoted. This workshop will explore the depth of this experience.

16. MAKING THE CONNECTION: INTEGRATING YOUR TREATMENT, PREVENTION, SUPPORT AND ADVOCACY PRACTICES WHILE WORKING WITH LGBT PEOPLE AND COMMUNITY.

Moderator/Speakers: Carrie Davis, MSW, Director of Adult Services, Lesbian, Gay, Bisexual & Transgender Community Center. Andres Hoyos, LMSW, MS, Foundations for LGBT Recovery; Coordinator, Lesbian, Gay, Bisexual & Transgender Community Center.

Fueled by structural oppressions experienced as stigma, stress and discrimination, LGBT people report higher rates of substance abuse than corresponding heterosexual populations. This workshop will examine the lessons learned and strategies for substance abuse treatment, prevention, support and advocacy evolved in the past 26-years at the Lesbian, Gay Bisexual & Transgender Community Center for working with LGBT people. Particular attention will be paid to the role of community-driven practices and their role in treatment.

17. UNDERSTANDING THE PROBLEM OF ADDICTION ON THE BODY, THE MIND AND THE SPIRIT. HOW CAN A SIMPLE ORGANIC CHEMICAL SUBSTANCE CAUSE SUCH TRAGEDY, HORRID PAIN AND SUFFERING IN LIFE?

Moderator/Speakers: Jason Rudolph, Psy. D., CASAC, Clinical Director, Inter-Care, Ltd.; Private Practice. Joel Bradley, LCSW, CASAC, Director of Community Outreach, Inter-Care, Ltd.

This workshop will explore chemical dependency as a three part illness (body, mind and spirit). The body's allergy to chemicals, the mind's obsession with chemicals and the

imperfect spiritual longings will be explored in detail. Once a full understanding of the problem is explored we will discuss a multifaceted solution to this multifaceted problem.

18. MATCHING A COMMUNITY BASED TREATMENT APPROACH WITH NEUROLOGICAL DEVELOPMENT IN TREATING ADOLESCENT SUBSTANCE ABUSERS.

Moderator/Speakers: Michael Zampella, LCSW, CASAC, Program Director, Center for Living. Scott Bienenfeld, M.D., Medical Director, Center for Living; Private Practice. Amanda Meyers, LMSW, CASAC-T, Assistant Director, Center for Living.

Recent advances in the study of adolescent neurological development and its relationship to decision making have had significant implications for the treatment of adolescent substance abusers. Studies reflect that due to a neurological maturational process there are often deficits in judgment well into early adulthood. Thus, adolescents are more at risk for dangerous substance abusing behaviors. This presentation will provide a rationale on how an intensive community based milieu program that couples conventional psychotherapy treatment with positive peer based alternatives may mitigate use during adolescence.

18-A. COMING APART AT THE SEAMS: FAMILY SEPARATION THROUGH TREATMENT, AND THEN RECONNECTION.

Moderator/Speakers: Naomi Weinstein, MPH, Director, Center on Addiction and the Family, Phoenix House. Tessa Vining, MSW, Director, IMPACT Program, Phoenix House.

This workshop will explore the challenges and issues families face when a parent or teen enters residential drug treatment. Themes to be explored will include separation, relief and trauma, connections during treatment, and the fantasies and realities around reconnecting and reunification. The workshop will also highlight two innovations designed to support this separation and reunification process, including an aftercare program for teens, and a curriculum for parents in drug treatment.

Become Involved.....

The NASW-NYC Addictions Committee meets every third Wednesday at the Chapter offices.

Visit www.naswnyc.org for more information

Afternoon Workshops 2:30 p.m. to 4:30 p.m.

19. SCAPEGOATING: THE TIE THAT UNBINDS.

Moderator/Speakers: Maria Cipriani, LCSW, MA, Founder and Faculty, Learning for Life Group; Private Practice. Joan Poelvoorde, LCSW, Founder and Faculty, Learning for Life Group; Private Practice. Rev. Warren Falcon, Founder and Faculty, Learning for Life Group; Private Practice.

Scapegoating, that time-honored, sometime-unconscious activity in which all humans engage, becomes focal in the treatment of addiction. Addicts are notorious scapegoaters; however those in recovery, especially when they are the, "identified patient" are often scapegoated. This workshop will start with a discussion of this phenomenon, give clinicians tools to help identify probable scapegoats, and offer ways of helping people to heal from the experience. Clinicians are encouraged to bring questions and issues for the discussion period.

20. GOTTA DANCE! LEAP INTO DANCE ACTIVITIES FOR FAMILY GROUPS.

Moderator/Speaker: Laura MacLeod, LMSW, School Social Worker, New Design High School; Consultant, Aspen Education, Alina Lodge.

Dance activities utilize physical, emotional and creative resources. Individuals express themselves through movement, relieve stress, improve health, and have fun! Group cohesion and mutual aid is fostered as members help each other with the steps, laugh and bump into each other. The safe and comfortable group dynamic sets the stage for honest exploration of more complex issues confronting family members of those with addictive disorders. No dance experience needed. Join the fun, and learn how to implement dance activities in family groups.

21. I CAN TALK IN HERE! CREATING CONNECTIONS THROUGH GROUP WORK

Moderator/Speaker: Jonah Schwartz, LCSW, Kings County Hospital; Postgraduate Center for Mental Health.

Group psychotherapy is considered the treatment of choice for addicted individuals, and yet relatively few practitioners ever receive training in this modality. Moreover, running groups in organizational settings (i.e., clinics, detox programs, residential programs) can be challenging for a variety of reasons. This workshop, which includes a scripted demonstration group, will give the participants a set of techniques to help maximize the experience both for their clients and for themselves.

22. PRIMARY COMMUNICATION STYLES AND SKILLS FOR HELPING PATIENTS CHANGE BEHAVIOR.

Moderator/Speaker: Nicholas Lessa, MA, LCSW, CASAC, Chief Executive Officer, Inter-Care, LTD.

Which communication style do you rely on most in your practice: following, guiding, or directing? Which communication skills are you most comfortable with: asking, listening or informing? Learn the most recent advances on effective methods for helping your patients change behavior from the developers of Motivational Interviewing, Drs. Stephen Rollnick and Dr. William Miller.

23. EVIL TWINS, BLACK SHEEP AND GOODY TWO-SHOES: THE SIBLING RIVALRY OF MSW'S AND CASAC'S.

Moderator/Speaker: Laurie Drucker, LCSW, CASAC, The Outreach Project.

This presentation will help clinical supervisors and administrators increase effective collaboration between CASACs and Social Workers. The strengths of each type of training and how to maximize these strengths will be reviewed. We will look at the typical disconnects that occur on the treatment team, and how they can be addressed. This will include differences in theoretical orientation, use of self, and the counselor's own personal history in providing treatment. How to introduce evidence-based practices even when the team is highly diverse will also be discussed.

24. KUNDALINI YOGA AS A TOOL FOR RECOVERY.

Moderator/Speakers: Janet Krupit, CASAC, CTRS, Certified Kundalini Yoga Instructor, Beth Israel Medical Center/Methadone Maintenance Treatment Program, NYC. June G. Kim, LMSW, Private Practice.

Kundalini yoga is a connection of mind, body and spirit. It aims to better understand and care for one's body; develop an ability to view things from a different perspective (respond rather than react); and connect with one's higher self and highest potential. Through Kundalini Yoga the addicted person can increase self-knowledge so as to recognize what's important, thereby strengthening the resolve necessary to attain goals, in recovery and life. Workshop will be partly experiential.

25. EMERGING ISSUES IN SEX ADDICTION AND SOCIAL WORK.

Moderator/Speakers: Tony Stiker, LMSW, Psychotherapist, The Sexual Addiction Treatment & Training Institute; and The Fifth Avenue Center for Counseling & Psychotherapy; Private Practice. Brittany Lacour, MSW, Therapist, Planned Parenthood Federation of America; and The National Coalition for Sexual Freedoms.

This workshop will define sex addiction, provide an overview of its etiology and discuss emerging clinical issues that can be challenging when assessing and treating sex addicts. Some issues discussed include: sexual bulimia and anorexia; working with men who identify as straight but have sex with men;

fetishes; relationship between sex work and sex addiction; "vaginal detachment" in teenagers; love addiction and sex addiction in men; helping couples through disclosure, and how to help clients define health sexuality.

26. BOOM AND NOW BUST: A SURVIVAL KIT FOR ADDICTS AND FAMILIES.

Moderator/Speakers: Mary-Ellen Siegel, LCSW, Clinical Instructor, Dept. of Community and Preventive Medicine, Mount Sinai School of Medicine, NY; Private Practice. Linda Berman, LCSW, Private Practice.

The current financial situation affects us all, rich or poor. Recovering or active alcoholics, drug users, compulsive shoppers and gamblers with fewer resources available may seek refuge in usage or magical thinking. Families who have previously bailed them out may no longer be willing or able to continue to do so. Participants of this workshop will be provided with specific tools that will enable them to talk empathetically and realistically with clients about money matters, so they can make healthy, not pathological choices.

27. THE POWER OF YOUR PRESENTATION.

Moderator/Speakers: Dinah Day, CRPS. Audria A. Russell, MA, MSW, HIV Program Coordinator, Women In Need, Inc.; Member of the NYC HIV Prevention Planning Group.

The purpose of this workshop is to clarify the ways we come across to others from appearance voice quality, attitude and body language, especially when in uncomfortable, or public speaking situations. Entitlement mentalities may lead substance abusing clients to believe they can just "wing it" or that somehow they will be able to make it up as they go along. Tips for recognizing the grandiosity of the addicted job seeker will be addressed as well as how to help counselors maintain a "professional presence" and demeanor in their own career paths.

28. THE USE OF THERAPIST SELF-DISCLOSURE OF SEXUAL ORIENTATION IN ADDRESSING THE DIFFERENTIAL NEEDS OF LGBT CLIENTS

Moderator/Speakers: Robert Considine, LMSW, Substance Abuse Clinician, Addiction Institute of New York. Claudia Arlo, LMSW, CGP, CASAC Clinician/Coordinator "First Step", The Addiction Institute of New York; Adjunct Lecturer, NYU Silver School of Social Work; Private Consultation. Joan Simpson Klavan, LCSW, Director Family Program, Addiction Institute of New York; Private Practice.

This workshop will explore the differential needs of LGBT clients, and their families, in treatment for substance abuse. A main focus of the workshop will be to examine the use of therapist self-disclosure of sexual orientation when working with this vulnerable population.

The presenters will devote significant group time to the clinical experiences of workshop participants of all sexual orientations in working with LGBT clients.

29. STAGE SPECIFIC RECOVERY INTERVENTIONS.

Moderator/Speakers: Marc Raybin, LCSW, Clinical Supervisor, The Addiction Institute of New York. Tina Barth, OTR/L, CRC, LMHC, Senior Clinician Occupational Therapy, The Addiction Institute of New York.

The presentation applies evidence based best practices, researched by Occupational Therapists, to substance abuse treatment in a stage specific recovery model. This model allows the counselor to structure treatment based on research into the psychodynamics of substance abuse and specific functional recovery paradigms. The presentation includes samples of clinical interventions by treatment level as well as case problems drawn from the audience.

30. YOU, ME AND THE ADDICTION.

Moderator/Speakers: Valerie Frankfeldt, Ph.D., LCSW, Training Analyst and Supervisor, Psychoanalytic Psychotherapy Study Center; Private Practice. Emily Damron, LCSW, Training Analyst and Supervisor, Psychoanalytic Psychotherapy Study Center; Private Practice.

An addiction within a couple can function as a third party with both people relating to it as well as to each other with unique dynamics. When the significant other works the AI-Anon program, s/he becomes aware of his/her co-addictive attitudes and behaviors. Imago Couple Therapy can help tease out and understand the meaning of the addiction to both, providing another step along the way to resolving the addiction and healing the couple. This experiential and didactic workshop will elucidate these processes as they relate to each other.

31. SEEKING SAFETY IN THE COMMUNITY.

Moderator/Speakers: Lisa Caren Litt, Ph.D., Clinical Director, Women's Health Project Treatment and Research Center, St. Luke's Roosevelt Hospital; Columbia University College of Physicians and Surgeons. Andrea Johnson, LCSW, Social Work Supervision, Women's Health Project Treatment and Research Center, St. Luke's Roosevelt Hospital.

Clinicians often struggle with how to address clients' co-occurring trauma symptoms and addiction issues safely and effectively. Manualized interventions have been developed to address both disorders together and are increasingly being utilized in community mental health and addiction treatment programs. This workshop will provide an overview of one model. Seeking Safety (Najavits, 2002), and will address the challenges of integrating this treatment into community-based

practice. Clinical vignettes and interaction demonstrations will be used for illustration.

32. ADDICTION IN THE WORKPLACE AND THE EVOLVING ROLE OF THE SOCIAL WORKER.

Moderator/Speaker: Dan Pitzer, LCSW, CASAC, CEAP, Director, Breaking The Chain Counseling; Treating Clinician, NFL Program for Substances of Abuse and NFL Player Assistance Program; Adjunct Faculty, Fordham University Graduate School of Social Service; AVP/Senior Counselor, Employee Assistance Program, Merrill Lynch.

With the economy in unprecedented turmoil, job security is a thing of the past no matter what field or setting. Social workers in the workplace have had to shift their focus from reacting to crises to designing proactive interventions with managers, HR, Legal, and Labor to address growing employee anxiety and insecurity, that often leads to relapse or addictive behavior. This workshop will focus on case examples of social work interventions in the workplace taken from Employee Assistance Programs as well as strategies to implement in agencies to address the escalating needs of their employees.

33. TECHNIQUES FOR GENERATING A COMMITTED RECOVERY WITH MEDITATION AND HYPNOSIS.

Moderator/Speaker: Deloria Berks, MS, LMSW, CASAC-T, Clinical Social Worker with the Jewish Board of Children & Family Services; Registered Corporate Coach with the Worldwide Association of Business Coaches; Member of American Society of Clinical Hypnosis.

The session includes an experiential exercise designed to release physical and mental stress, increase confidence, integrity, and decrease procrastination. An idea to consider is that our worlds are generated by language – our words generate our world. The clearer and true we are to what we say, the clearer and true is our life. My experience with this work in a hospital treatment setting increased many clients' commitment to their recovery process. This workshop will give participants tools to more effectively manage stress personally and will teach this exercise for use with client groups.

34. MINDFULNESS BASED COGNITIVE THERAPY.

Moderator/Speakers: Lindsey Dunnells, LMSW, Social Worker, TRI Center Inc. Joe Gonzalez, LCSW, President/CEO of TRI Center Inc.; Private Practice.

This workshop will focus on how the principles of mindfulness and meditation can be effectively used to treat the addiction. Mindfulness based cognitive therapy will be discussed with a focus on how it can be effectively and practically applied in the treatment setting. Incorporating mindfulness and meditative principals into addiction treatment assist patients with better managing/tolerating their uncomfortable thoughts, feelings and physical sensations that would otherwise trigger well worn "firing mechanisms" of addictive behavior.

35. WE'RE TOO YOUNG FOR AA!

Moderator/Speakers: May Menaged, Ph.D., Director of the COPE Program, Addiction Institute of New York; Clinical Psychologist in Private Practice. Kevin Braga, LMSW, Substance Abuse Counselor, Addiction Institute of New York.

Treating young adults with substance use disorders may pose special and unique concerns for clinicians. Many young adults who enter addiction treatment are not yet ready and/or may not choose to abstain. This workshop will provide clinicians with an overview of the most commonly abused drugs used in this population and the tools, skills and understanding of Harm Reduction principles. Participants will also take part in a role play to better understand these techniques.

36. THE IMPACT OF THE SUBSTANCE ABUSING FATHER ON THE FAMILY.

Moderator/Speaker: Louis Burns, LMSW, CASAC, Director, St. Luke's Hospital-Adolescent Program; Consultant, Dads Helping Dads; Adjunct Faculty, City College of NY.

This workshop covers the various shifts in role dynamics of family members due to the father's absence from the home; i.e., how the enabler perpetuates the abuse cycle, the rate of recidivism and relapse following incarceration or treatment, and survival techniques of the family to achieve homeostasis. The DOH reports that 90% of all homeless and runaway children are from fatherless homes. The risk factors of a culture of fatherlessness are staggering. This workshop addresses this need and further, looks closely at how the success in the family usually requires that the other family members incorporate an understanding of the recovery process.

37. SOCIAL WORK SUPERVISORY DILEMMAS IN THE SUBSTANCE ABUSE FIELD.

Moderator/Speakers: Alison Aldrich, LCSW-R, Clinical Assistant Professor, Silver School of Social Work, New York University. Christine Fewell, Ph.D., LCSW, CASAC, Adjunct Associate Professor, Silver School of Social Work, New York University; Private Practice.

This workshop will examine supervisory dilemmas that social workers encounter in a range of different substance abuse settings. Particular attention will be paid to challenges that arise in the dynamics between social supervisors and CASAC trained workers, peer advocates, new clinicians and social work students. An experiential group format will allow participants to explore their own supervisory struggles. This interactive workshop will introduce new skills to beginning supervisors while enhancing the techniques of current ones.

REGISTRATION FORM



41st Annual Addictions Institute
Wednesday, May 27, 2009
Fordham University, Lincoln Center Campus
113 West 60th Street at Columbus Avenue
8:30 a.m. – 4:30 p.m.

Full Name _____

Telephone () _____ **E-mail** _____

Please print clearly: CONFIRMATION WILL BE SENT VIA E-MAIL OR TO THIS ADDRESS

Mailing Address _____

City _____ **State** _____ **Zip** _____

Name of agency (required if agency sends check) _____

Will agency be forwarding check? ___ Yes ___ No

PLEASE NOTE:

- Registration deadline is Friday, May 22, 2009. There is an additional \$20 fee for onsite registration.
- Payment must accompany registration form
- Attendees will be registered and placed in workshops only after payment is received
- Please do not call regarding workshop assignments - send e-mail to: **addictions@naswnyc.org**
- Refund Policy: In case of cancellation, refund less \$20 administrative fee will be given through Friday, May 22, 2009: **Absolutely no refunds after May 22, 2009**
- For Agencies Registering Multiple Attendees: Participants will not be registered until funds are received from the agency. Staff who arrive the day of the conference, before funds are mailed or received, must pay \$20 onsite fees and apply for reimbursement from their company. Substitution of pre-registered staff is not allowed. Refund for the cancellation of a staff member is subject to the deadline of May 22, 2009 less a \$20 administrative fee.

PRE-REGISTRATION FEES (check one)

- NASW Member No. _____ (Obligatory for members) Student Member/ Retired Member /Unemployed Member (circle one) \$50
- Current NASW Member \$90 Non-NASW Member (incl. Non-Member Students) \$110

PAYMENT OPTIONS

Check/ Money Order \$ _____; Send to: NASW-NYC, 50 Broadway, Suite 1001, New York, NY 10004

or Charge: \$ _____ MasterCard Visa Discover Card Amex

Card No. _____ Expiration Date _____

Signature _____ Credit Card Billing Address: Same as Above Address

or Address _____ City _____ State _____ Zip _____

PROGRAM PREFERENCES

Please indicate preferences, including 2nd and 3rd choices.

Morning Workshops (2 CEUs)

9:15 a.m. to 11:15 a.m.

(enter workshop numbers)

1st Choice _____

2nd Choice _____

3rd Choice _____

Plenary (1.5 CEUs)

11:30 a.m. to 1:15 p.m.

Attending

Yes

No

Afternoon Workshops (2 CEUs)

2:30 p.m. to 4:30 p.m.

(enter workshop numbers)

1st Choice _____

2nd Choice _____

3rd Choice _____

**NASW Addictions Institute
Exhibitors/ Contributors & Supporters
at press time 2009**

The Addiction Institute of New York
Alcoholics Anonymous Intergroup
Alkermes, Inc.
Ambrosia Treatment Centers
Behavioral Health, Saint Vincent Catholic Medical Centers
Center Care of LGBT Center
Center for Living
CMC - Center for Motivation and Change
Cornerstone of Medical Arts Center Hospital - Rhinebeck
Crossroads Incorporated
Employee Assistance Professionals Association,
NYC Chapter
First Steps To Recovery
Fordham University Graduate School of Social Service
Foundation House
Four Winds, Inc.
Hazelden
Inter-Care, Ltd. & Inter-Care Family Foundation
Little Hill - Alina Lodge
Long Beach Medical Center, Addictions Services
Marworth - Geisinger Health System
Mountainside
NASW-NYC Chapter

New York State Nurse's Association
New York State Office of Alcoholism
& Substance Abuse Services (OASAS)
New York University Silver School of Social Work
Phoenix House
Real Reform New York
Realization Center
Reckitt Benckiser
The Resource Training Center
Seabrook House
Seafield Center
Sierra Tucson
Silver Hill Hospital
The Second Wind
Stuyvesant Square
Social Work, p.r.n.
Stuyvesant Square/ Beth Israel Medical Center
Sunrise Detox
Transitions - Terry Cronin
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Village Care of New York, Inc.
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THE 41st ANNUAL ADDICTIONS INSTITUTE

**The Ties That Bind:
Families, Communities, Social Work and Addictive Disorders**

WEDNESDAY, May 27, 2009

8:30 a.m. – 4:30 p.m.

FORDHAM UNIVERSITY • LINCOLN CENTER CAMPUS